



DISCIPLE GROUP CURRICULUM CURRICULUM GUIDE

Preach: WEEK 6, The Prescription for Peace
November 25 – November 28, 2021

LEADER NOTES

Save the Date Coach & Leader Gathering | Saturday January 15, 2022 | 8am-12pm | San Pablo Campus: Come join us for worship, breakout sessions, fellowship and a message from one of our pastors. Breakfast and snacks are included.

[Click here to register for the gathering.](#)

[Click here to let us know you will not be able to attend.](#)

End of Fall Trimester – With our fall trimester officially ending on December 12, we're asking ALL group leaders to take a few minutes to: Give us your feedback and recommit for the spring trimester.

GROUP ANNOUNCEMENTS – *Love God by loving #onemore and one another!*

SENT Event Love Your Neighbor – Sign Up to Serve Week

We as a church family are joining efforts with our local partners to live life on mission this holiday season by serving those in need in our community. This week, we encourage you to visit coe22.com/localoutreach to check out all of the holiday serve opportunities and sign up to serve! Let's be a blessing to others and love our neighbors well! Email your questions to localoutreach@coe22.com.

1825 Worship Night | Sunday December 5 at 7pm | Arlington Campus

Worship nights are quarterly 1825 gatherings where 18-25 year-olds from all our campuses gather together to worship Jesus, to be encouraged and strengthened, and to be sent out to spread the gospel to our campuses, our city and the nations. Get connected and learn more at coe22.com/1825.

Christmas Party | Sunday December 12 | 6pm-8pm at All Campuses

We are gathering together for a Christmas Party! There will be food, coffee and live music. Come to your home campus as a family or bring a friend and celebrate advent and the Christmas season with us. Learn more at coe22.com/christmas.

THIS WEEK'S READING PLAN: coe22.com/readingplan

Sunday – Romans 16:17-20

Monday – 2 Timothy 4:1-8

Tuesday – 2 Peter 3:1-18

Wednesday – Matthew 25:31-46

Thursday – Matthew 7:21-23

Friday – Ephesians 5:1-20

Saturday – James 4:13-17

RELATIONAL CONNECT & CHECK-IN:

WHAT'S HAPPENING IN YOUR LIFE: *(Learn about, encourage and pray for one another.)*

- What is your current Bible reading plan and what are you learning?
- Where do you feel called to be a blessing to others this Christmas season?

Preach! – The Prescription for Peace

The Point: You can lose your mind with worry, or you can let God blow your mind with peace.

SERMON TEXT: Philippians 4:4-7

Discussion Questions

DISCOVER

1. **At the beginning of the sermon Pastor Cam asked a question. This Christmas season, “what is waiting for you back home?”** *(Answers may vary. Examples – mistake, messed up home, sick family, financial struggles, temptation from old friends/habits.)*

Have someone read Philippians 4:4-6

2. **How does anxiety threaten a Christian’s identity in Christ?** *(Anxiety is one of the biggest enemies to our walk as Christ followers. Anxiety makes it hard to smile, robs us of an urgency to pray and shrinks the Cross of Christ, making God small and our problems magnified!)*

3. **Pastor Cam said there is a pathway to peace outlined by the apostle Paul in these verses. What steps did he mention and what do you remember about each?** *(Verse 4 “Rejoice in God” – a specific command to focus on Christ and not our worry/circumstances. Romans 8:32 is a guide and reminder that if Christ died for us, then why wouldn’t God also offer us so much more! Verse 5 “Hope in God” – The Lord is coming back, which means the future is always hopeful. The coming of the Lord should impact the way we live AND “hopeless lives lead to immoral living”. Verse 6 “Trust in God” – there is nothing more important. At times when we seek clarity in the future, what we really need is more trust in God.)*

4. **Where is anxiety threatening your walk right now?** *(Answers may vary. According to Matthew 6, we typically worry about: what to eat, our bodies/health, our clothing or physical appearance and our future.)*

DEEPEN

Eleven22 is focusing on the word **Relationship** from our vision statement during this year. Disciple groups offer one way to live out what it means to be a disciple through discovering an identity in Jesus as Lord; surrendering our entire lives to Him.

Have someone read Philippians 4:7 & Matthew 6:31-33

5. **How and why is prayer the answer to anxiety and worry?** (When we pray about EVERYTHING it makes worrying about anything increasingly more difficult. Prayer is the primary way for us to seek God.)

6. **Is your current prayer life growing, receding or the same as last year?** (Answers may vary – Leaders: Follow up answers with additional questions about the “what & why” behind people’s answers.)

ACTION STEPS

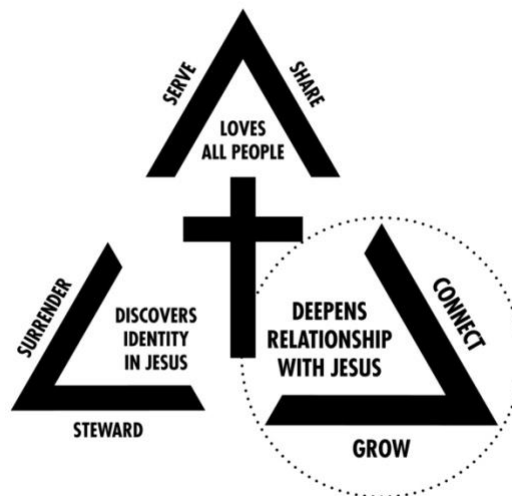
A Disciple...Loves All People, Discovers Identity in Jesus, Deepens Relationship with Jesus.

**Visit coe22.com/leaderresources and click the “documents” icon to find a [Group Prayer Guide](#).

Leader Read (Acts 2:42-47) & **Say:** Advent means the arrival, appearance or emergence of a notable person or thing. Believers know that “person” is Jesus, Immanuel (God with us). Tonight, we’re kicking off Advent season through seeking God together, by praying together!

Take a Next Step: Tonight, we will partner up and pray for one another, living out these verses from Acts 2, while also using the A.C.T.S. method of prayer:

- **A** **Adoration** – Tell God all of the things your partner adores about Him; remind yourself of why God is good.
- **C** **Confession** – Pray for any sins, struggles, or temptation your partner confesses to you (pray for both: ability to overcome & ability to remember God’s grace).
- **T** **Thanksgiving** – Thank God for His faithfulness and character and then thank Him for your prayer partner.
- **S** **Supplication** – Make your prayer partner’s requests known to God.
 - What gives them anxiety, either during the Christmas season, or anytime?
 - What have they been praying for and either, stopped, or stopped the frequency of the prayer?
 - Pray for any other current needs of peace (addiction removal, relationship healing, forgiveness, or approval from others).



Go to coe22.com/resources and click “Download Tool” to download or print a discipleship journey tool with questions for you to ask yourself and others. Please share link and directions with others in your group.