



DISCIPLE GROUP CURRICULUM CURRICULUM GUIDE

Psalms – A Sermon Series: Week 10, Psalm 55
June 23 – June 26, 2022

LEADER NOTES

Upcoming Dates to Know

June 6 - July 31: Summer Trimester

July 31 & August 7: New Leader Trainings - Visit coe22.com/newleader to get started

August 18: Coach & Leader Gathering hosted by every campus' Discipleship Minister

August 18-28: Fall Trimester Group Sign-ups

ANNOUNCEMENTS – WHAT IS YOUR NEXT STEP?

To stay connected to all that God is doing in and through The Church of Eleven22, visit coe22.com/news.

Group Deepen Event Equipping Conversations

Equipping Ministry teachers are available to come to your disciple group to teach a session on Apologetics, Interpreting Scripture, the Discipleship Journey Tool, World Religions, How to Create Your Testimony and more. Visit coe22.com/leaderresources and scroll to "Equipping Conversations" or [click HERE](#).

SENT Event June Partner Highlight – Sponsored By Grace (sponsoredbygrace.org)

Do you have a heart for making an eternal impact in the lives of the people God has placed around you? Are you willing to be a voice for "the least of these"? Join us in our very own community as we elevate the broken, engage the hearts of others and empower children and families that have been overlooked for generations. Come serve on the Northside or Arlington area of Jacksonville with a ministry that is strategically focused on serving children and families dealing with crime and poverty. Learn more at coe22.com/localmission.

ONE Legacy | Saturday July 9 at our San Pablo Campus

We are seeking to advance the Kingdom of God through living an abundant life now while thinking about the legacy we will one day leave behind. Eleven22 has partnered with Financial Planning Ministry (FPM) to offer this free event. Go to coe22.com/events to learn more and register.

THIS WEEK'S READING PLAN: coe22.com/readingplan

Sunday – Psalm 55

Monday – Psalm 60

Tuesday – Psalm 57

Wednesday – Psalm 66

Thursday – Psalm 64

Friday – Psalm 61

Saturday – Psalm 67

LOOKING BACK

WHAT HAPPENED IN YOUR LIFE THIS PAST WEEK?: (*Check-in, encourage and pray.*)

- How were you obedient to God this past week? Where is God calling you to live on mission?
- Where did you struggle this past week?

Psalms Week 10: Give Ear

The Point: "But I will call to God, and the LORD will save me." – Psalm 55:16; "Cast your burden on the LORD, and he will sustain you; He will never permit the righteous to be moved." – Psalm 55:22

SERMON TEXT: Psalm 55; 2 Samuel 11-13, 15

Discussion Questions

DISCOVER

LEADERS: Ask someone to read Psalm 55:1-15 and use the questions as a guide for discussion.

- **Where in your life have you experienced the pain of loss (the terrors of death), betrayal or rejection that David writes about in Psalm 55, and how did you respond?** *(David's family was raised in the temple and still had drama and strife. Some of the greatest pains we experience are from our families, such as David's pain from the sin of Amnon against Tamar by sexual assault and then the death of Amnon by Absalom (2 Samuel 13:20-22). Even in great pain, this psalm reminds us that God's faithfulness is unchanging regardless of our circumstances or relationships.)*
- **Pastor Britt shared three options for dealing with unforgiveness: 1. Carry it like a pair of glasses that impacts everything you see; 2. Bury it in silence, self-defense or sarcasm; 3. Cast it at the feet of Jesus. Which tendency do you learn toward when it comes to dealing with unforgiveness?** *(David's first response was to pray for escape from his pain - "Oh that I had wings like a dove! I would fly away and rest." We all have fears and horrors that would make us want to run and seek shelter. The temporary shelters in the world - addiction or isolation if you're burying or gossip and aggression if you're carrying- will never offer the relief of Jesus who is the ultimate shelter that offers peace.)*

Read Psalm 55:16-23 and use the questions as a guide for discussion.

- **Pastor Britt shared that rejection is a favorite wound of the enemy because it reinforces isolation to those who are already hurting. How does trusting in Jesus, prayer, and the practice of forgiveness heal our wounds?** *(Psalm 55:22. The wound of rejection is healed through acceptance by God the Father, who loves you more than you can possibly imagine; through Jesus the Son, who has done more for you than you can possibly imagine. God never pulls back from His children (James 4:8). We can trust God in the most tumultuous of times because He is faithful and unchanging. Receive, believe and apply the life, death and resurrection of Jesus Christ. He heals us, is healing us and will heal us.)*
- **Where in your life are you carrying or burying unforgiveness right now, and how can we pray for you and stand in faith with you to cast it upon Jesus?**

DEEPEN

Let's go deeper into God's word and discuss how we can apply these truths to our lives!

LEADERS: Use the following questions as a guide to go deeper into our discussion.

- **What prayers has God answered in your life?**
- **Where do you need to trust God and have hope in your life right now?**
- **Do you think David feels God is distant in this Psalm, why or why not?**

ACTION STEP

A Disciple...Loves All People, Discovers Identity in Jesus, Deepens Relationship with Jesus.

Leader Read: Pastor Britt shared, while kneeling at the altar, that it's amazing what happens when we put our body in the position that we want our heart to be in. Take a few minutes to pray in a different physical position than usual (kneeling, face down, arms outstretched, etc.) and listen for what God speaks to you. Share with your group next week the outcome of this time.

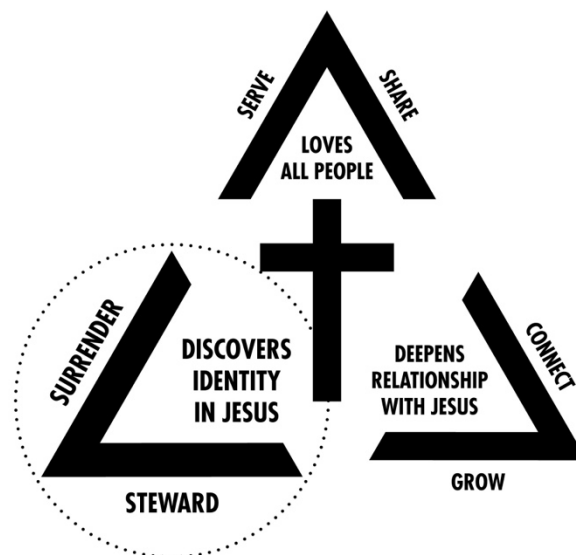
This Week: Take a few minutes to pray in a different physical position than usual (kneeling, face down, arms outstretched, etc.) and listen for what God speaks to you.

- **"I will"** pray in a different posture than normal
- **"I will"** listen for God

Additional Resources:

- **A Psalm a Day:** Text "Psalms" to 441122 to join us as we read through the Psalms together.
- **Psalms Resources:** Visit coe22.com/psalms or download the Eleven22 App.
- **RightNow Media:** Find an unending supply of resources by signing up for a FREE RightNow Media account. Go to coe22.com/rightnowmedia or text "RightNow" to 441122.

(Note: You'll need to login or create an account to view RightNow Media content.)



Go to coe22.com/resources and click **"Download Tool"** to download or print a discipleship journey tool with questions for you to ask yourself and others. Please share link and directions with others in your group.