



DISCIPLE GROUP CURRICULUM CURRICULUM GUIDE

Psalms – A Sermon Series: Week 18, Psalm 34
August 18 – August 21, 2022

LEADER NOTES

Upcoming Dates to Know

July 31-August 29: Optional summer break

August 18-28: Fall Trimester Group Sign-ups

ANNOUNCEMENTS – *What's your next step? Stay informed and connected to ALL the things God is doing in and through The Church of Eleven22 at coe22.com/news.*

NEW - Care Ministry: The Lord may be calling you to come walk alongside someone in your church family. On September 12 we will have Care orientation at all our campuses and online. If you feel called to listen, love and pray for people walking through difficult seasons of life we will partner with you to minister, visit and pray directly with them through our seven-week Care team training. [Click here to register.](#)

In preparation for baptisms happening during Saturated, we will be offering classes after every service until September 11 at all campuses. No registration needed.

THIS WEEK'S READING PLAN: coe22.com/readingplan

Psalms - Week 18: Taste and See

Share Wins, Praises and Prayers: Where did you see God move this week?

The Point: (Psalm 34:8) "Oh, taste and see that the Lord is good! Blessed is the man who takes refuge in him!" Jesus is not a philosophy to be followed, an idea to be understood or a religion to be practiced. He is the one true God meant to be experienced. He is more than enough to conquer our fears, reign over our circumstances and hear our cries.

SERMON TEXT: *Psalm 34, 1 Samuel 21, 2 Corinthians 3:18, Romans 3:23-25*

DISCOVER

LEADERS: Every week we're asking you to start the discussion with these two questions. It's a great way to get the conversation started. Encourage your group members to think about these questions each week while they are listening to the sermon. It will help them stay engaged and prepare for group.

- **What stood out to you from the sermon? How can you apply that this week?**
- **What did God reveal to you in Psalm 34 this week, maybe for the first time?**

Have someone read Psalm 34.

- **Where in this psalm do you see Jesus?** (V.7 – “The Angel of the Lord” who “encamps around those who fear Him” is Jesus. In verse 20, where it is written that, “He keeps all his bones; not one of them is broken,” we see a prophecy about the Messiah that Jesus fulfills in his death on the cross and resurrection.)

DEEPEN: To get context on David writing this psalm, take turns reading, 1 Samuel 21.

- **Psalm 34:8 says, “Oh, taste and see that the Lord is good! Blessed is the man who takes refuge in him!” How do you know when you have tasted and seen that the LORD is good, even in difficult times?** (Experiencing God always prompts a response in His people – we leave changed even if our circumstances do not change, for His glory and our joy. How do you know him as deliverer until you need to be delivered, as healer until you need to be healed, as miracle worker until you need a miracle, and as your refuge until you are attacked? You can't deny him once you've tasted and seen.)
- **How did fear affect David? How did David's actions change when he was being led by his faith?** (Whatever you run to when you're in need is your functional savior. In 1 Samuel 21, David's fear led him to lying, stealing and running until he found himself in a cave. The only thing greater than David's fear and pain was his conviction that God is worthy of his praise. His faith led him out of the fear of his circumstances. Like light and darkness, fear and faith cannot occupy the same space, and we, like David, are always being led by one or the other.)
- **In Psalm 34:1 David writes, “I will bless the Lord at all times; his praise shall continually be in my mouth.” How was David able to write that when his circumstances were not good?** (David pre-decided that God is worthy of worship and magnifying no matter what. What is God worth to you? Is he worthy of your song, your time, your affection, your witness, your money?)
- **In what area(s) of your life do you need to pre-decide to worship God regardless of the circumstances or outcomes, and how will you take a step toward that this week?** (A pre-decision means that you plan your response to a situation before it happens. David pre-decided that he was going to bless and praise God no matter what. His confidence wasn't in his circumstances, but in God. Practical ways to take action on your pre-decision to praise God may include memorizing and meditating on key scriptures, recalling God's past faithfulness and practicing a habit of worship.)

ACTION STEP

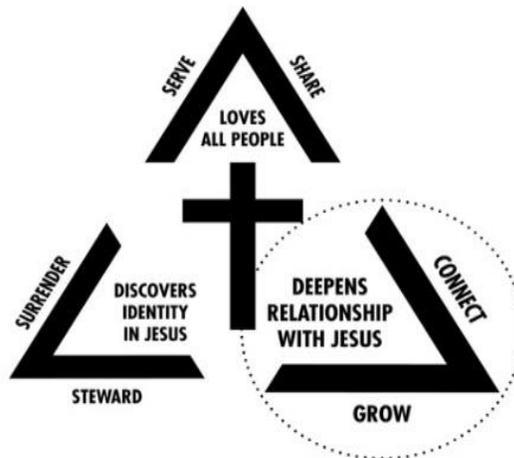
A Disciple...Loves All People, Discovers Identity in Jesus, Deepens Relationship with Jesus.

- As a church, we are preparing for Saturated (September 14 – September 18). We are fasting from food each week from sunset on Tuesday until sunset on Wednesday from August 24– September 14. Everyone medically able is invited to participate.
- Every Wednesday from 12-1pm, all campuses will be open for prayer (except St. Johns).

Additional Resources:

- **A Psalm a Day:** Text "Psalms" to 441122 to join us as we read through the Psalms together.
- **Psalms Resources:** Visit coe22.com/psalms or download the Eleven22 App.
- **RightNow Media:** Find an unending supply of resources by signing up for a FREE RightNow Media account. Go to coe22.com/rightnowmedia or text "RightNow" to 441122.

(Note: You'll need to login or create an account to view RightNow Media content.)



Go to coe22.com/resources and click "Download Tool" to download or print a discipleship journey tool with questions for you to ask yourself and others. Please share the link and directions with others in your group.