



DISCIPLE GROUP CURRICULUM CURRICULUM GUIDE

Psalms – A Sermon Series: Week 7
June 2 – June 5, 2022

LEADER NOTES

Upcoming Dates to Know

June 6 - July 31: Summer Trimester

July 31 & August 7: New Leader Trainings. Visit coe22.com/newleader to get started

August 18-28: Fall Trimester Group Sign-ups

ANNOUNCEMENTS – WHAT IS YOUR NEXT STEP?

To stay connected to all that God is doing in and through The Church of Eleven22, visit coe22.com/news.

Equipping Conversations

Equipping Ministry teachers are available to come to your Disciple Group to teach a session on Apologetics, Interpreting Scripture, the Discipleship Journey Tool, World Religions, How to Create Your Testimony, and more. Visit coe22.com/leaderresources and scroll to "Equipping Conversations" or [click HERE](#).

Group SENT Event June Partner Highlight – Sponsored By Grace (sponsoredbygrace.org)

Do you have a heart for making an eternal impact in the lives of the people God has placed around you? Are you willing to be a voice for "the least of these"? Join us in our very own community as we elevate the broken, engage the hearts of others and empower children and families that have been overlooked for generations. Come serve on the Northside or Arlington area of Jacksonville with a ministry that is strategically focused on serving children and families dealing with crime and poverty. Learn more at coe22.com/localmission

THIS WEEK'S READING PLAN: coe22.com/readingplan

Sunday – Psalm 42

Monday – Psalm 34

Tuesday – Psalm 39

Wednesday – Psalm 41

Thursday – Psalm 43

Friday – Psalm 46

Saturday – Psalm 50

LOOKING BACK

WHAT HAPPENED IN YOUR LIFE THIS PAST WEEK: *(Check-in, encourage and pray.)*

- How were you obedient to God this past week? Have you been reading/listening to the Psalms?
- Where did you struggle this past week?

Psalms Week 7: As The Deer

The Point: “Why are you cast down, O my soul, and why are you in turmoil within me? Hope in God; for I shall again praise him, my salvation and my God. – Psalm 42:5-6

SERMON TEXT: Psalm 42

Discussion Questions

DISCOVER

**If you are a new group, or have a lot of new people, it may be better to start with Deepen (Psalm 23) and come back to Discover as time allows.*

LEADERS: Ask someone to read Psalm 42 and use the questions as a guide for discussion.

- **In verse 4 David remembers back to a “better” time. Where is your relationship with Jesus right now, and how has it changed since you first believed?** *(The best predictor of where God is going is where He has been. When depressed, remember the goodness of God and things God has done for you. If you have a special experience with God or memory of His faithfulness that you focus on to encourage yourself in your faith, please share it with your group.)*
- **When a deer pants for fresh water it’s because its in desperation. When your soul is downcast, how do you respond with your whole being (heart, soul, mind, & strength)?** *(Common responses include: self-medication, isolation, blaming/suing, minimize the situation, etc. When you have turmoil in your soul, the thing that you run to first, hardest and most is your functional savior. The only thing that can come out of you is what’s in you. Cravings sometimes point to a turmoil in our heart and soul. If God is not our only hope, then we will place our hope in the things and people of this world. In the dark night of the soul, our only hope is to look to the Light of the world.)*
- **Pastor Joby shared that when people are in pain, they often are tempted to respond with isolation. How does God use community to carry His people through times of trouble and desperation?** *(Disappointment from people who love Jesus is painful but should be expected because we’re all sinners. The disciples didn’t abandon Jesus because Judas betrayed them. By God’s design, the remedy for pain by people is often deeper connection with people. A supernatural thing happens when people get together and worship – see Acts 2:42-47.)*

DEEPEN

Let’s go deeper into God’s word and discuss how we can apply these truths to our lives!

LEADERS: Read Psalm 23 and use the questions below as a guide for discussion.

- **Head:** What does this psalm make you think?

- **Heart:** What does this psalm make you feel?
- **Hands:** What does this psalm make you want to do?

ACTION STEP

A Disciple...Loves All People, Discovers Identity in Jesus, Deepens Relationship with Jesus.

Leader Read: In the dark night of the soul, our only hope is to look to the Light of the World.

This Week: Reread Psalm 42 through the lens of Jesus Christ, meditating specifically on verses 5-6 and commit to the following:

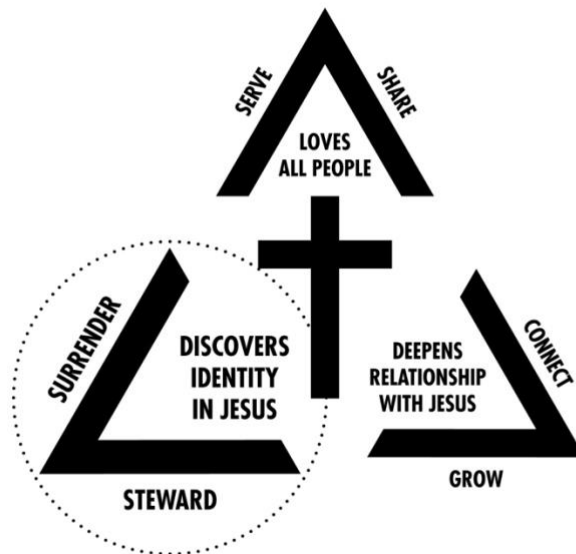
- **"I will"** write out the lies I tell myself and the whispers Satan tells me.
- **"I will"** write out the truths of God's word next to each lie and whisper.

**If you need additional care because of the situation you are in, please reach out at coe22.com/care*

Additional Resources:

- **A Psalm a Day:** Text "Psalms" to 441122 to join us as we read through the Psalms together.
- **Psalms Resources:** Visit coe22.com/psalms or download the Eleven22 App.
- **RightNow Media:** Find an unending supply of resources by signing up for a FREE RightNow Media account. Go to coe22.com/rightnowmedia or text "RightNow" to 441122.

(Note: You'll need to login or create an account to view RightNow Media content.)



Go to coe22.com/resources and click "Download Tool" to download or print a discipleship journey tool with questions for you to ask yourself and others. Please share link and directions with others in your group.