



# DISCIPLE GROUP CURRICULUM GUIDE

Philippians - Week 5: Fear Not  
March 2 - 5, 2023

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**LEADER NOTES:** Spring trimester runs from 1/23 - 5/7

**Idea to help your group prep for your time together:** Email them the link to the curriculum. It can always be found [here](#) or on the app. Click on the sermon series and then click on “Disciple Group Curriculum.”

**Discover and Deepen questions:** Some themes of the sermon result in more than one question and they are now labeled “discover” or “deepen.” Discover questions are more entry level questions that people can answer no matter where they are on their discipleship journey. Deepen questions allow the conversation to go deeper. To avoid confusion in your group, please take each question one at a time.

**New episode each week:** [Click here for Episode 4 of your podcast, "Leading Well in 7 Minutes or Less."](#) The purpose of the podcast is to Encourage, Equip and Empower you to lead your Disciple Group well.

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**ANNOUNCEMENTS** – *What's your next step? Stay informed and connected to ALL the things God is doing in and through The Church of Eleven22 at [coe22.com/news](https://coe22.com/news).*

**NEW Special Needs Interest Night • March 23 • 6-7pm • San Pablo campus (Auditorium C)** Come join us if you are interested in serving in our special needs ministry. Hear about Eleven22 Kids and Eleven22 Student ministry and what's rolling out for adults with special needs, both within our Eleven22 church life and at Hope's Closet. [Click here to register.](#)



SCAN ME

**Disciple Group Survey:** If they haven't already, please ask everyone in your group, including the leaders, to scan the QR code with their phone right now and fill out the anonymous survey. (If you have new members in your group, they don't need to do this.) We're excited to hear what God is doing to and through you and your disciple groups and how we can make them even better.

**THIS WEEK'S READING PLAN:** [coe22.com/readingplan](https://coe22.com/readingplan)

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**Share Wins, Praises and Prayers:** Where did you see God move this week?

**The Point:** Are you driven by fear or faith?

**SERMON TEXT:** *Philippians 2:19-30; 2 Timothy 1:7; Philippians 1:27; Philippians 2:3-11; 2 Corinthians 5:14-15; Psalm 144*

## Discussion Questions

**LEADERS** – Your leadership of sharing and questioning will determine how deep your group goes with their answers. Every week we're asking you to begin with these two questions. It's a great way to get the conversation started.

**Action Step check-in:** Have someone recite the memory verse from last week.

- What stood out to you from the sermon this week?
- What did God reveal to you in any of the scriptures this week, maybe for the first time?

Read *Philippians 2:19-30*

- Paul had a plan for discipleship with Timothy and with the church. Discipleship takes a plan. What's your plan? *Discover: 1) Who's discipling you? 2) Who are you discipling? Deepen: Share some examples of how you have been discipled and how you have discipled someone else. (If you're not being discipled, pray for God to bring to mind someone to disciple you. It might even be someone in your group.)*
- In *Philippians 2:20* Paul says of Timothy, "For I have no one else like him, who will be genuinely concerned for your (the Philippians) welfare." *Discover: What are some practical ways we can show others that we sincerely care for them? Deepen: What can we do as a Disciple group that will show others we truly care for them? (Here are some opportunities to serve others through our [10:10 Life initiatives](#) and our [local serve page](#).)*
- Timothy struggled with fear, anxiety, timidity and self-doubt. Paul encouraged him with this: "For God gave us not a spirit of fear but of power and love and self-control." (2 *Timothy 1:7*) *Discover: When are you driven by fear, when are you driven by faith? Deepen: How do you turn to Jesus when you are fearful? (Pastor Joby tells us that the opposite of faith isn't doubt, it's fear. Pastor Britt reminds us that it's not about taking control of the situation, it's about giving control to Jesus. It's not about upward mobility through attention seeking, it's about downward mobility in the way of Jesus - walking willingly, humbly and joyfully the road marked with suffering. It's counter cultural, it's counter intuitive and it's freedom!)*
- It's hard to lead a healthy life if you don't believe that God loves you. *Discover: What allows you to believe that, or stops you from believing that? Deepen: What are you doing to stir your affections for Jesus so you feel His love and begin to understand how amazing His love for you is? (To be His is why you're alive. Joy is the fruit that is growing as a result of your obedience in loving Him and loving others. We don't obey God to get joy, being obedient to God IS our joy.)*

## ACTION STEP

### **A Disciple...Loves All People, Discovers Identity in Jesus, Deepens Relationship with Jesus.**

As a church, we are memorizing Scripture during this series.

**You can make each week's memorization verse the wallpaper on your phone:** Go to the E22 app. Click on "Philippians" at the very top. Click, "Memory Verse Wallpaper." Click "Wk 5 Memory Verse." Save the photo and then add it as your wallpaper.

Click here for a short video with some tips on memorizing scripture and go to [coe22.com/resources](http://coe22.com/resources) for more.

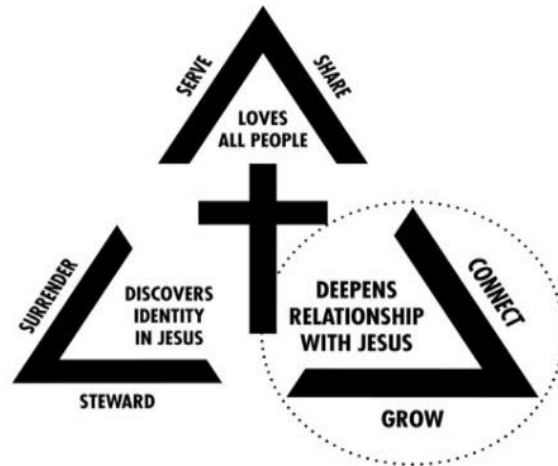
**This week memorize 2 Timothy 1:7,** "For God gave us a spirit not of fear but of power and love and self-control."

### Additional Resources:

- **RightNow Media:** Find an *unending supply of resources* by signing up for a FREE RightNow Media account. Go to [coe22.com/rightnowmedia](http://coe22.com/rightnowmedia) or text "RightNow" to 441122.

*(Note: You'll need to login or create an account to view RightNow Media content.)*

- Details on the 10:10 Life are available at [coe22.com/1010life](http://coe22.com/1010life).



*Go to [coe22.com/resources](http://coe22.com/resources) and click "Download Tool" to download or print a discipleship journey tool with questions for you to ask yourself and others. Please share the link and directions with others in your group.*