



# DISCIPLE GROUP CURRICULUM GUIDE

Philippians - Week 8: Peace  
March 23 - 26, 2023

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**LEADER NOTES:** Spring trimester runs from 1/23 - 5/7

**New Podcast Episode:** [Click here for \*Leading Well in 7 Minutes or Less\*](#) - Jesup Discipleship Minister Jesse DeClue on how to prepare for your group each week.

**Equipping Ministry Teachers:** Available to come to your Disciple Group to teach a session on apologetics, interpreting scripture, world religions, ways to create your testimony and how to disciple your family. [Click here for more and to register.](#)

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**ANNOUNCEMENTS** – *What's your next step? Stay informed and connected to ALL the things God is doing in and through The Church of Eleven22 at [coe22.com/news](http://coe22.com/news).*

**PASSION SERVICE** • April 4 • 6:30pm • San Pablo campus and online: We can't properly celebrate the resurrected Jesus without first meditating on His suffering on the cross. Join us as we reflect on the crucifixion of Jesus Christ.

THIS WEEK'S READING PLAN: [coe22.com/readingplan](http://coe22.com/readingplan)

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**Share Wins, Praises and Prayers:** Where did you see God move this week?

**The Point:** Are you anxious? Stop. Pray. Focus on Godly things.

**SERMON TEXT:** *Philippians 4:1-9; John 14:27; Romans 8:31-32; Psalm 27:13, 34:1-4, 50:15; Romans 12:2*

## Discussion Questions

**LEADERS:** We're giving you the option, based on your group and where God is leading your discussion, to select Discover and/or Deepen questions below. There's no pressure to get through all these questions during your time, but we suggest prayerfully planning your choices. Your leadership of sharing and questioning will determine how deep your group goes with their answers. We hope the answers in the curriculum are a helpful starting point for you. They are not the only answers.

**Action Step check-in:** Have different people recite every memory verse in the series so far.

- **What stood out to you from the sermon this week?**
- **Read *Philippians 4:1-9* - What did God reveal to you in the scriptures this week, maybe for the first time?**
- **Philippians 4:7** talks about, "...the peace of God, which surpasses all understanding..."  
**Discover:** How do you define peace?  
**Deepen:** Compare and contrast our culture's definition of peace and what the Bible means by peace? (Pastor Frank explained that peace/shalom is a wholeness, a sense of calm, tranquility and your soul being right with the Lord. John Piper said: "This peace is not simply the ceasing of war, but total well-being, full flourishing. It is a fitting conclusion to what it will indeed mean for us to be blessed and kept by God himself: true peace." A recent devotion by Pastor Mark Batterson explained that shalom is the restoration of all things to their original intent. It's the Garden of Eden before the fall. It's a peace that doesn't make sense given the circumstances. It's not just emotional peace. Peace is a person, Jesus, the Prince of Peace. Shalom is the byproduct of God filling our hearts with 34:1-4 Himself.)
- **Pastor Frank said when you face adversity you tend to ask, "Am I going to trust God with this? Do I believe He has my best interests at heart?"**  
**Discover:** What do you need to know and believe about God to answer yes to those questions? (Your primary purpose in reading the Bible is to know God. He is holy, loving, just, unchanging, omnipotent, etc. When you know His character, you can trust Him with everything.)  
**Deepen:** Where in the bible do we have evidence of this? Share some of your favorite bible verses about God's character. (You can do an Internet search on bible verses about God's character. Examples: 1 Corinthians 10:13; 1 John 1:5; 1 John 1:9; Numbers 23:19; Psalm 18:30; Hebrews 13:8; 2 Peter 3:9)
- **Pastor Bruce said you can't change your past or control your future.**  
**Discover:** When you're anxious, worried, or going through a storm and feel like your future is out of control, what does God tell you to do to counteract those feelings? (Phil. 4:6-7 says, "do not be anxious about anything, but in everything by prayer and supplication with thanksgiving let your requests be made known to God. And the peace of God, which surpasses all understanding, will guard your hearts and your minds in Christ Jesus." See Philippians 4:8-9, as well.)  
**Deepen:** Share how you've tried to manage anxiety the way the world calls you to and the way the Bible calls you to.

## ACTION STEP

### **A Disciple...Loves All People, Discovers Identity in Jesus, Deepens Relationship with Jesus.**

As a church, we are memorizing Scripture during this series.

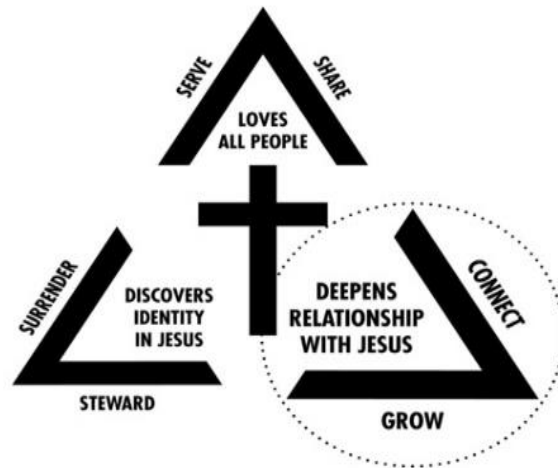
**You can make each week's memorization verse the wallpaper on your phone:** Go to the E22 app. Click on "Philippians" at the very top. Click, "Memory Verse Wallpaper." Click "Wk 8 Memory Verse." Save the photo and then add it as your wallpaper.

Click here for a short video with some tips on memorizing scripture and go to [coe22.com/resources](http://coe22.com/resources) for more.

**This week memorize *Philippians 4:6-7* - "do not be anxious about anything, but in everything by prayer and supplication with thanksgiving let your requests be made known to God. And the peace of God, which surpasses all understanding, will guard your hearts and your minds in Christ Jesus."**

### Additional Resources:

- **RightNow Media:** Find an unending supply of resources by signing up for a FREE RightNow Media account. Go to [coe22.com/rightnowmedia](http://coe22.com/rightnowmedia) or text "RightNow" to 441122.  
(Note: You'll need to login or create an account to view RightNow Media content.)
- Details on the 10:10 Life are available at [coe22.com/1010life](http://coe22.com/1010life).



Go to [coe22.com/resources](http://coe22.com/resources) and click "Download Tool" to download or print a discipleship journey tool with questions for you to ask yourself and others. Please share the link and directions with others in your group.