



DISCIPLE GROUP CURRICULUM GUIDE

Philippians - Week 9: The Secret
March 30 - April 2, 2023

LEADER NOTES: **Spring trimester: 1/23 - 5/7, Summer trimester: 6/5 - 7/30, Fall trimester: 8/28 - 12/10**

New Podcast Episode: [Click here for *Leading Well in 7 Minutes or Less*](#) - Baymeadows Pastor Seth Stone is our guest this week.

Equipping Ministry Teachers: Available to come to your Disciple Group to teach a session on apologetics, interpreting scripture, world religions, ways to create your testimony and how to disciple your family. [Click here for more and to register.](#)

ANNOUNCEMENTS – *What's your next step? Stay informed and connected to ALL the things God is doing in and through The Church of Eleven22 at coe22.com/news.*

EASTER SERVICES - **Thursday, 4/6, 7:22pm**•**Saturday, 4/8, 5:22pm**•**Sunday, 4/9, 7:00am, 9:00am & 11:22am**
- [Click here for worship dates and times for each campus.](#)

THIS WEEK'S READING PLAN: coe22.com/readingplan

Share Wins, Praises and Prayers: Where did you see God move this week?

The Point: You want PEACE? You want true CONTENTMENT regardless of the circumstances? You want a JOY that you can't lose? Then hear and heed the invitation of Jesus: "Come to me, all who labor and are heavy laden, and I will give you rest. Take my yoke upon you, and learn from me, for I am gentle and lowly in heart, and you will find rest for your souls. For my yoke is easy, and my burden is light." – Jesus (*Matthew 11:28-30*)

SERMON TEXT: *Philippians 4:10-23; Matthew 11:28-30*

Discussion Questions

LEADERS: We're giving you the option, based on your group and where God is leading your discussion, to select Discover and/or Deepen questions below. There's no pressure to get through all these questions during your time, but we suggest prayerfully planning your choices. Your leadership of sharing and questioning will determine how deep your group goes with their answers. We hope the answers in the curriculum are a helpful starting point for you. They are not the only answers.

Action Step check-in: Have different people recite every memory verse in the series.

- **What stood out to you from the sermon this week?**
- **Read *Philippians 4:1-9* - What did God reveal to you in the scriptures this week, maybe for the first time?**
- **Discover:** What is your definition of contentment?
Deepen: What does Paul mean when he writes about contentment? (*Contentment in the Greek meant self-reliant. It was a stoic term loosely translated to, "I got this." Paul used it to say the only way to do that is to be totally dependent on "Christ who strengthens me." Pastor Joby's definition of contentment is: The state of transcendent peace that comes from joy in the Lord, by Grace. Contentment is a work of grace. It's not laziness or "good vibes and chill," nor does contentment mean inaction.*)
- **Philippians 4:13 is one of the best known and most misunderstood/misused verses in the Bible. What is the real context of "all things" mentioned in this verse as it relates to contentment?**
- **Pastor Joby laid out 10 enemies of contentment.**
Discover: Which ones do you struggle with when you experience abundance and when you experience lack? (*The 10 enemies of contentment are: 1) Not knowing God, 2) Lack of gospel confidence, 3) Believing this world is your home, 4) Complaining, 5) Fear, 6) Religious works-based righteousness, 7) Entitlement, 8) Anxiety, 9) Self-reliance, 10) Greed.*)
Deepen: How can you leverage God's Word to battle discontentment in your life?
(*The secret to contentment in all things is not found in our circumstances, but by resting in Christ. Review the memory verses in the action step which are weapons to battle discontentment. See also Phil. 4:4-10 and Matthew 11:28-30.*)
- **Discover:** How does loving money rob you of contentment? (*Money lies to you and says, "If you love me, I'll love you back." It can't satisfy you or keep you safe. One phone call from the doctor or your child will prove that to you. When we are generous to God, He does a work in us that leads to peace and contentment.*)
Deepen: How have you been able to become more generous over time and how has that changed you and helped you love God and love others? How could generosity as a believer be a barometer for contentment?

ACTION STEP

A Disciple...Loves All People, Discovers Identity in Jesus, Deepens Relationship with Jesus.

As a church, we are memorizing Scripture during this series.

This week memorize *Philippians 4:6-7* - "do not be anxious about anything, but in everything by prayer and supplication with thanksgiving let your requests be made known to God. And the peace of God, which surpasses all understanding, will guard your hearts and your minds in Christ Jesus."

Review the memory verses in this series:

Philippians 1:2 - Grace to you and peace from God our Father and the Lord Jesus Christ.

Philippians 1:6 - And I am sure of this, that he who began a good work in you will bring it to completion at the day of Jesus Christ.

Philippians 1:21 - For to me to live is Christ, and to die is gain.

Philippians 2:14 - Do all things without grumbling or disputing.

2 Timothy 1:7 - ...for God gave us a spirit not of fear but of power and love and self-control.

Philippians 3:8 - Indeed, I count everything as loss because of the surpassing worth of knowing Christ Jesus my Lord. For his sake I have suffered the loss of all things and count them as rubbish, in order that I may gain Christ.

Philippians 3:12 - Not that I have already obtained this or am already perfect, but I press on to make it my own, because Christ Jesus has made me his own.

Philippians 4:6-7 - ... do not be anxious about anything, but in everything by prayer and supplication with thanksgiving let your requests be made known to God. ⁷ And the peace of God, which surpasses all understanding, will guard your hearts and your minds in Christ Jesus.

Philippians 4:13 - I can do all things through him who strengthens me.

Additional Resources:

- **RightNow Media:** Find *an unending supply of resources* by signing up for a FREE RightNow Media account. Go to coe22.com/rightnowmedia or text "RightNow" to 441122.
(Note: You'll need to login or create an account to view RightNow Media content.)
- Details on the 10:10 Life are available at coe22.com/1010life.

Go to coe22.com/resources and click "Download Tool" to download or print a discipleship journey tool with questions for you to ask yourself and others. Please share the link and directions with others in your group.